

Fig. 1

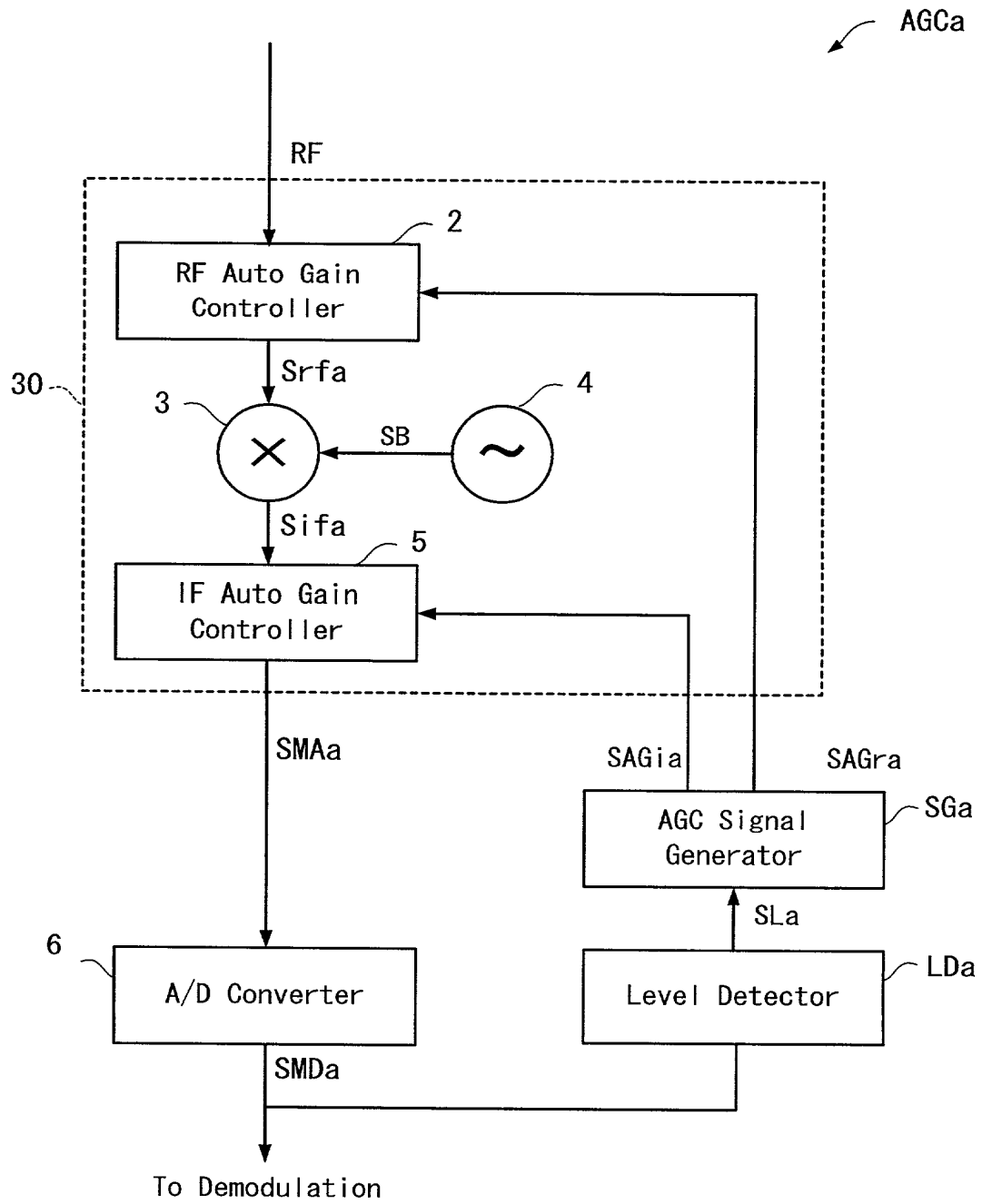


Fig. 2

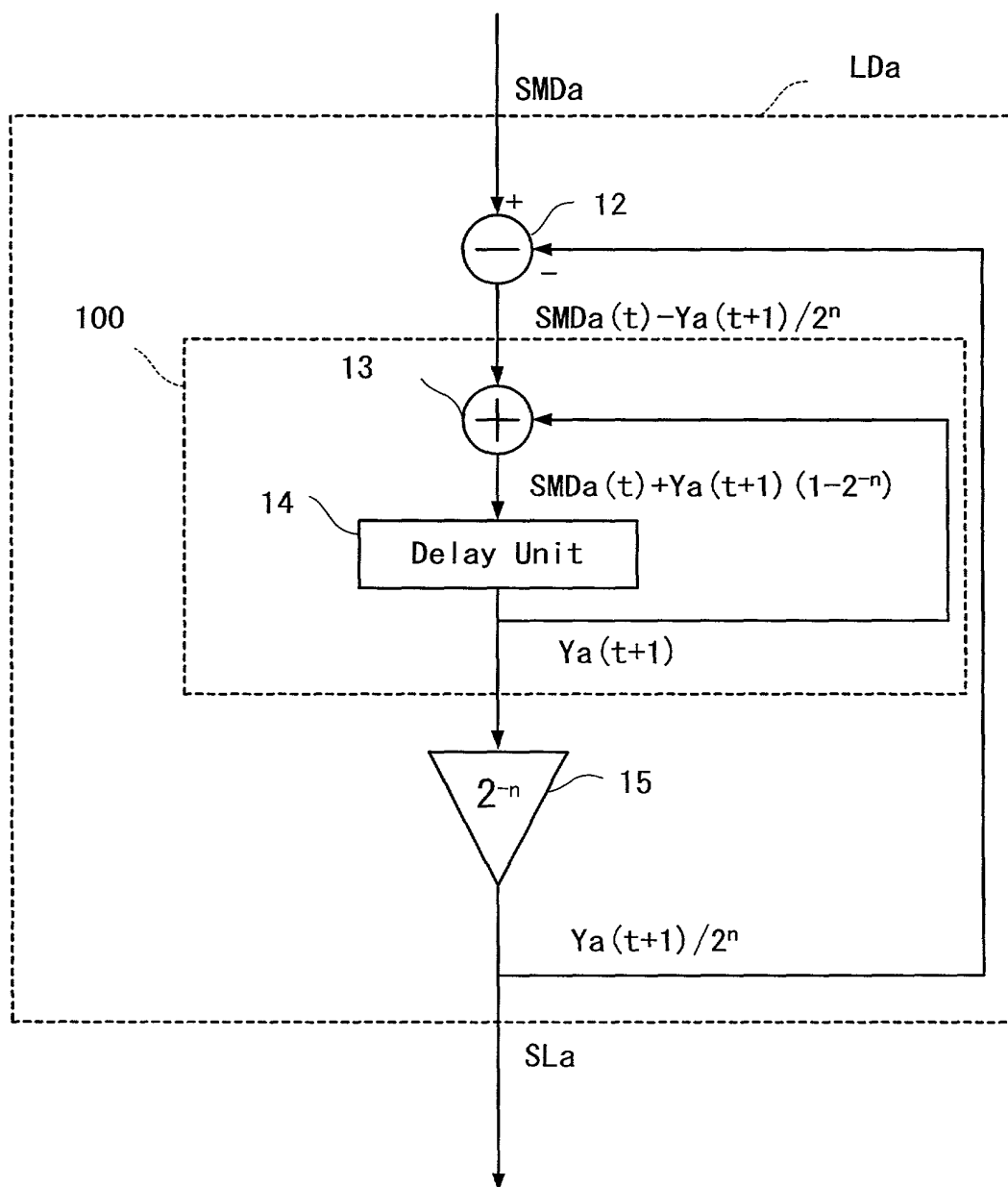


Fig. 3

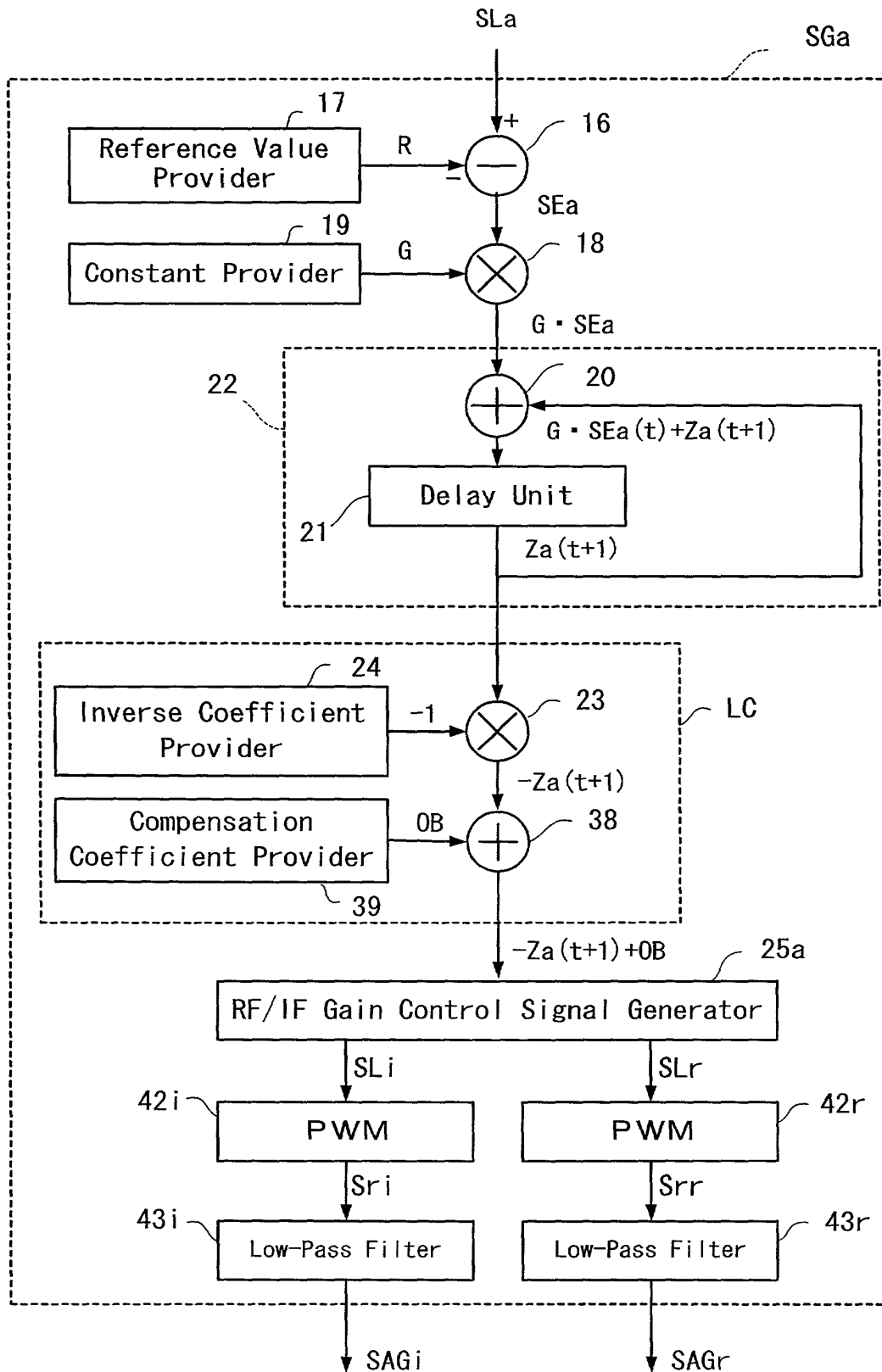


Fig. 4

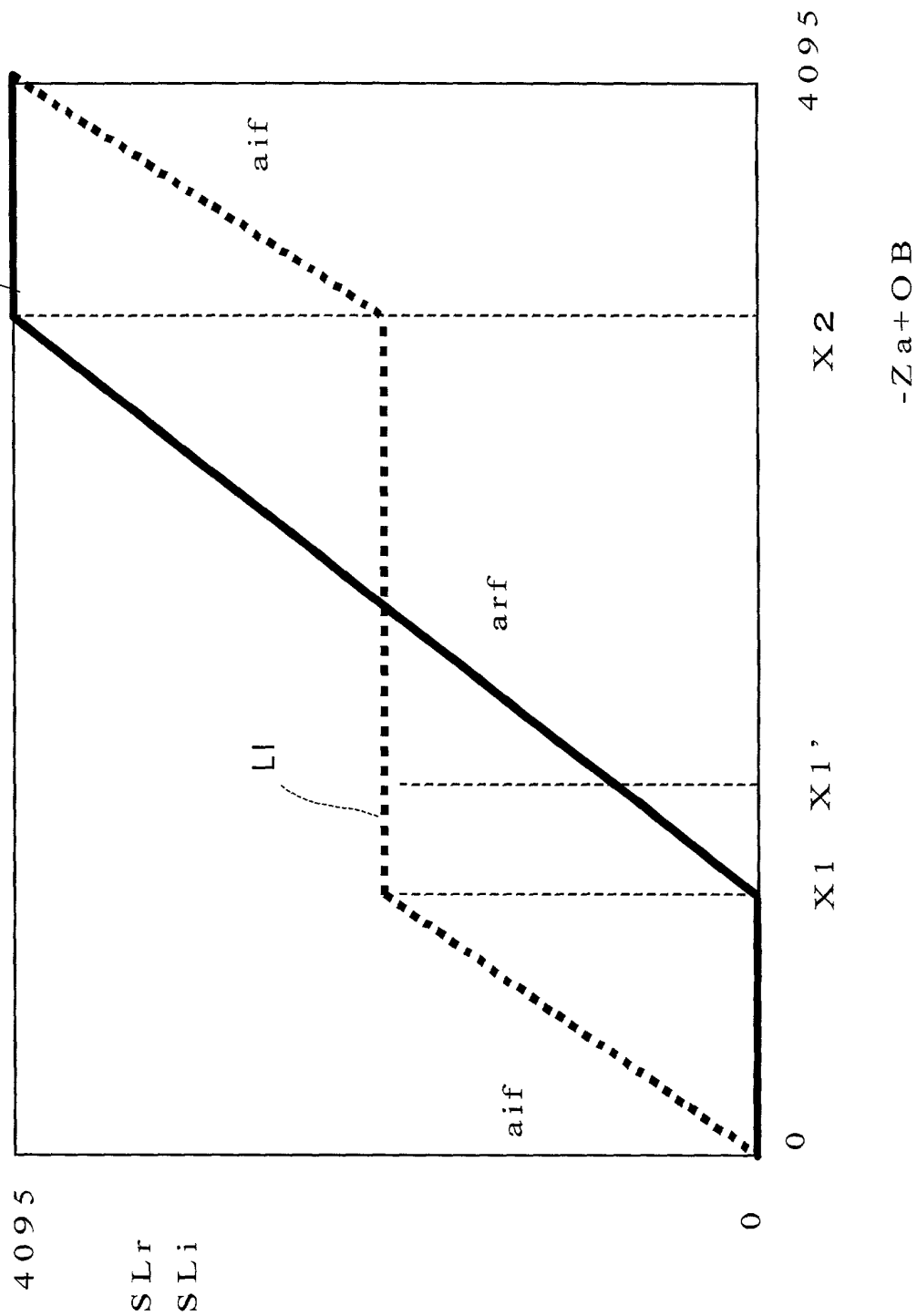
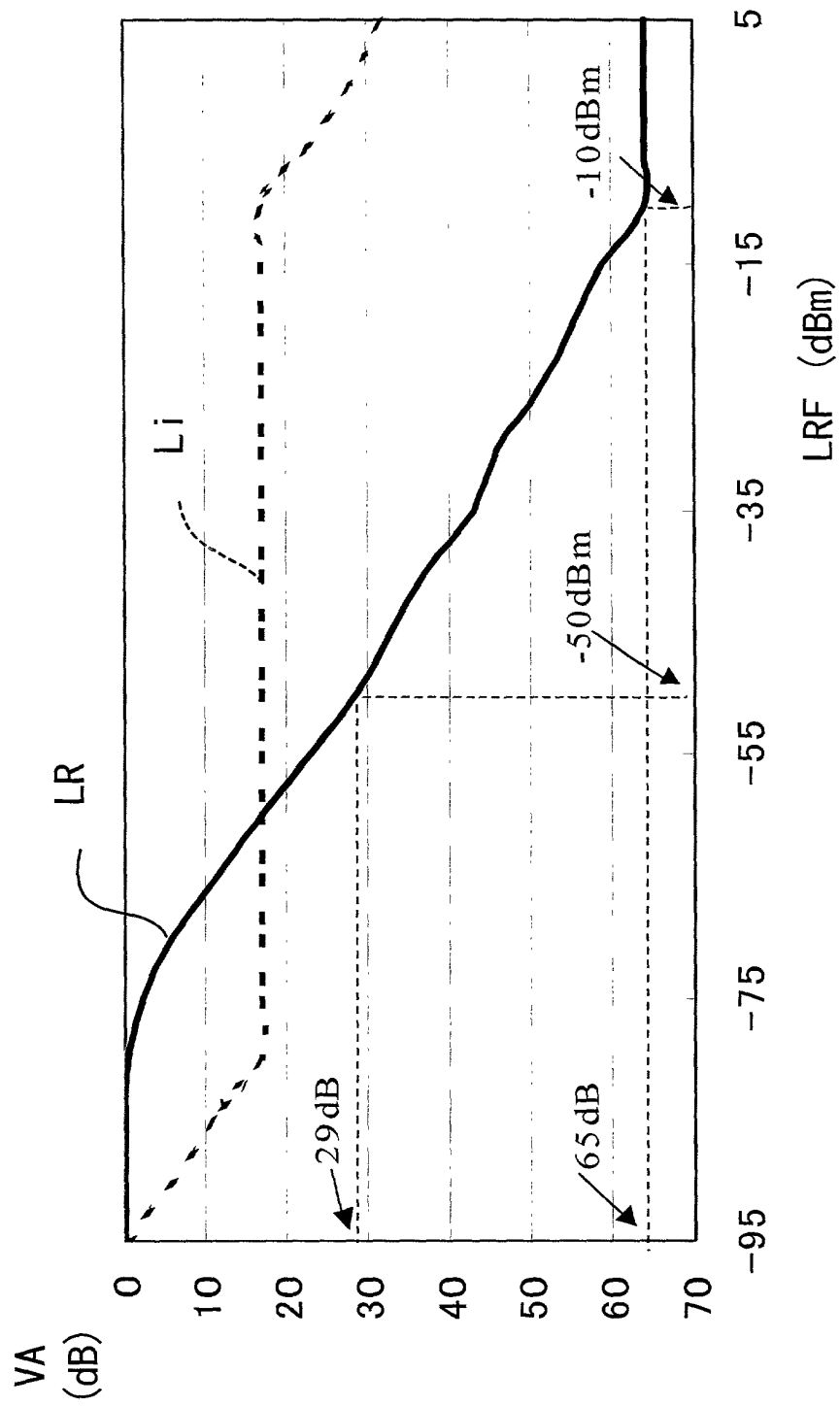


Fig. 5



[illegible]

Fig. 6

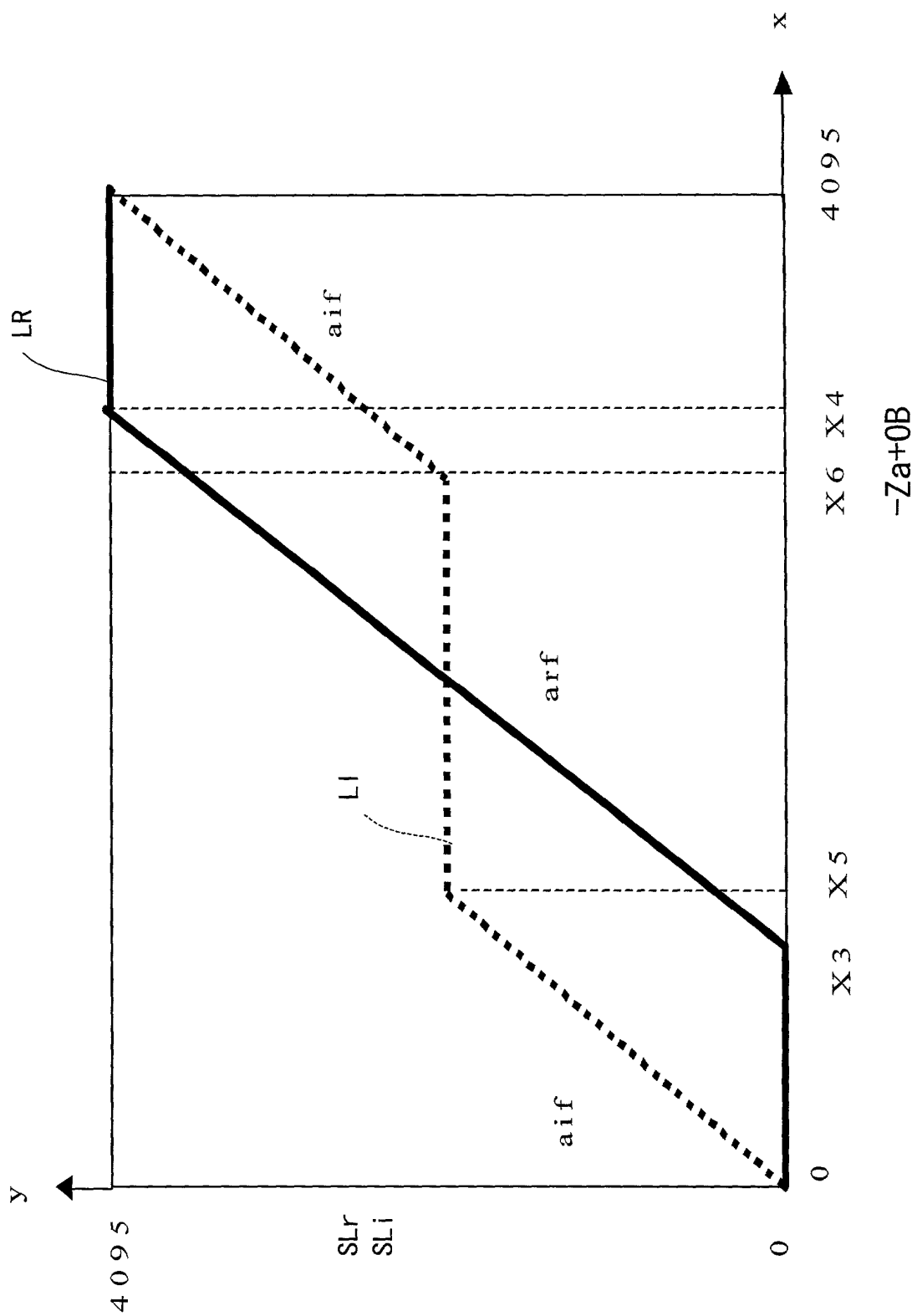


Fig. 7

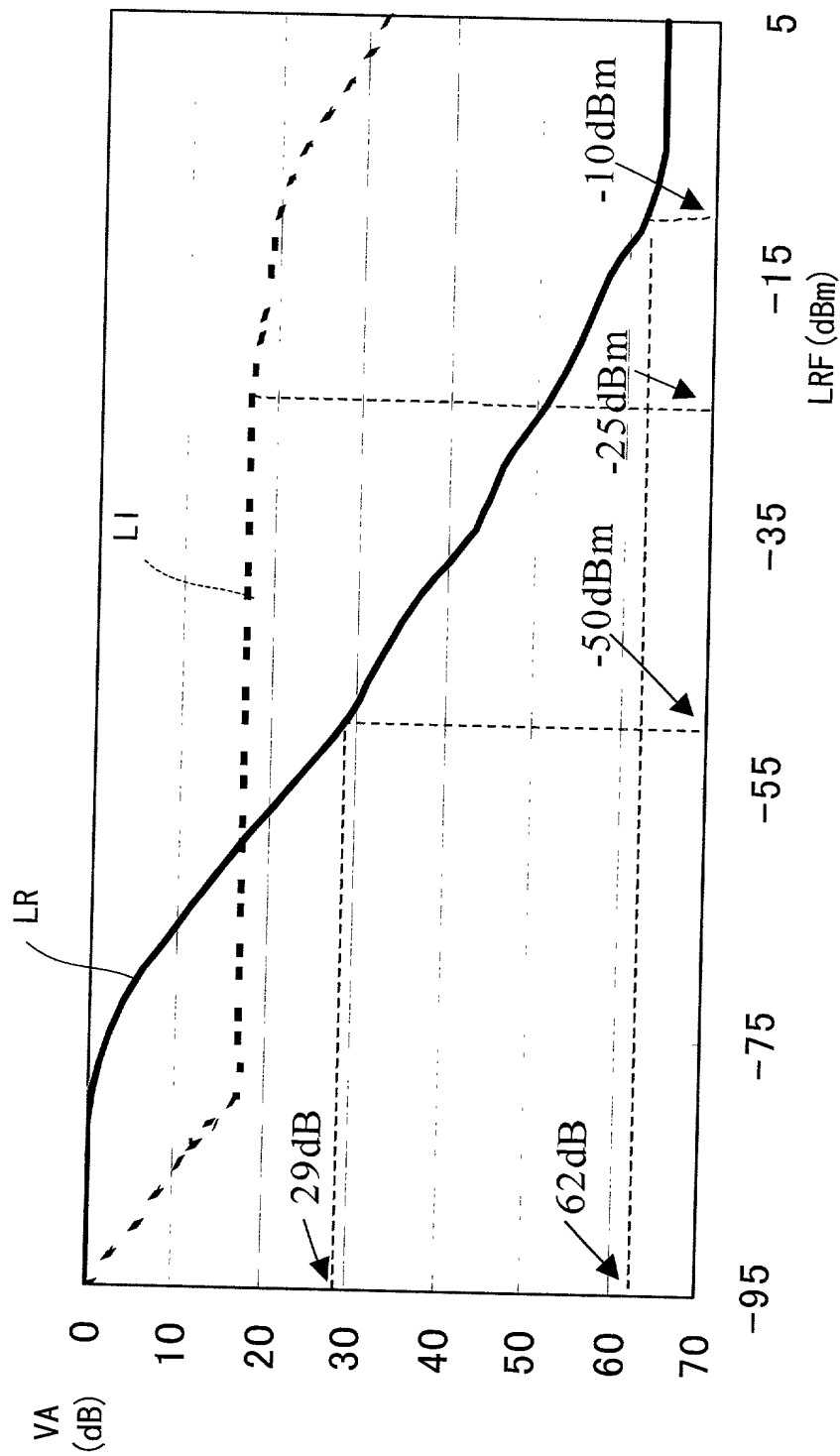


Fig. 8

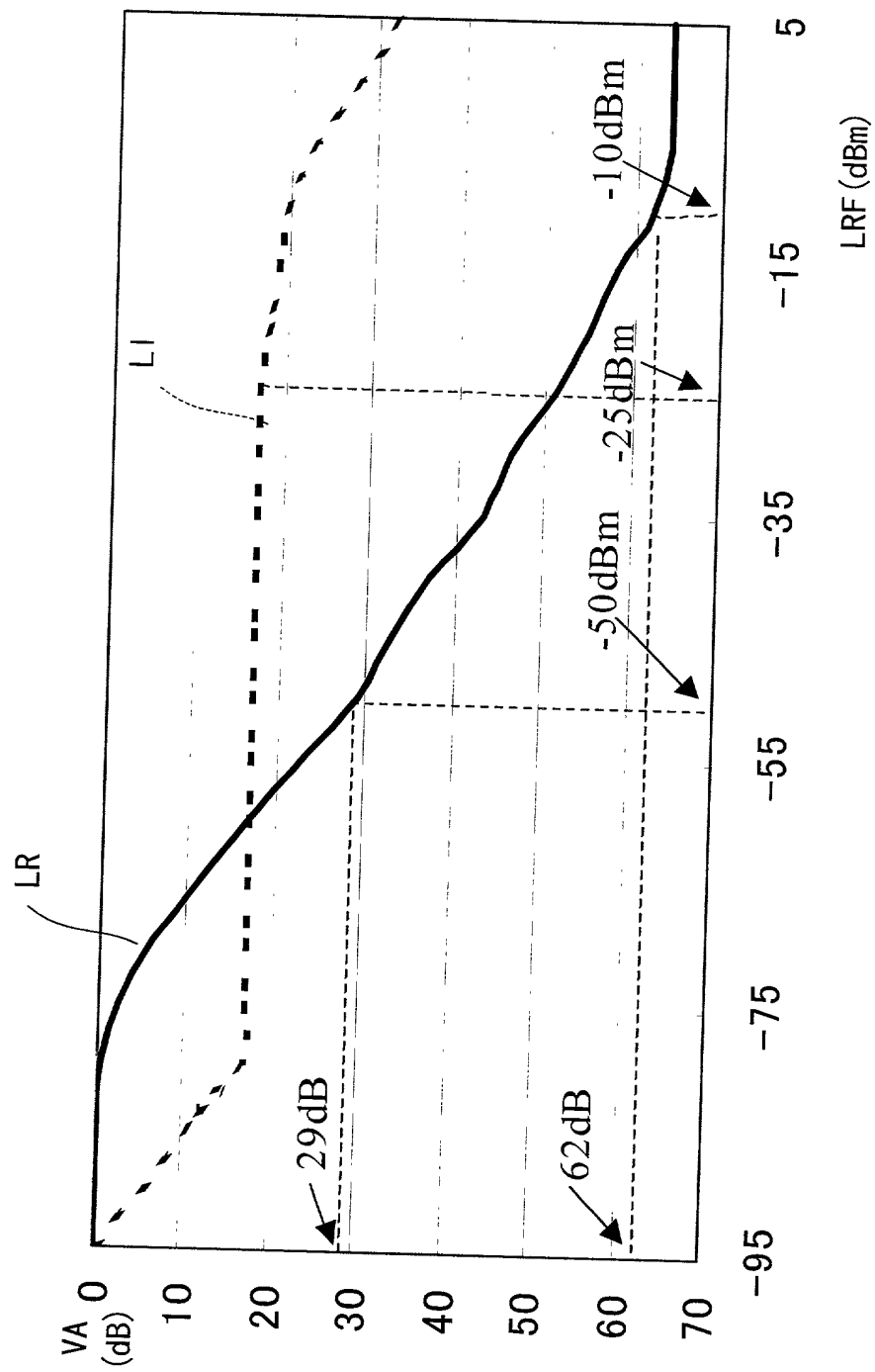


Fig. 9

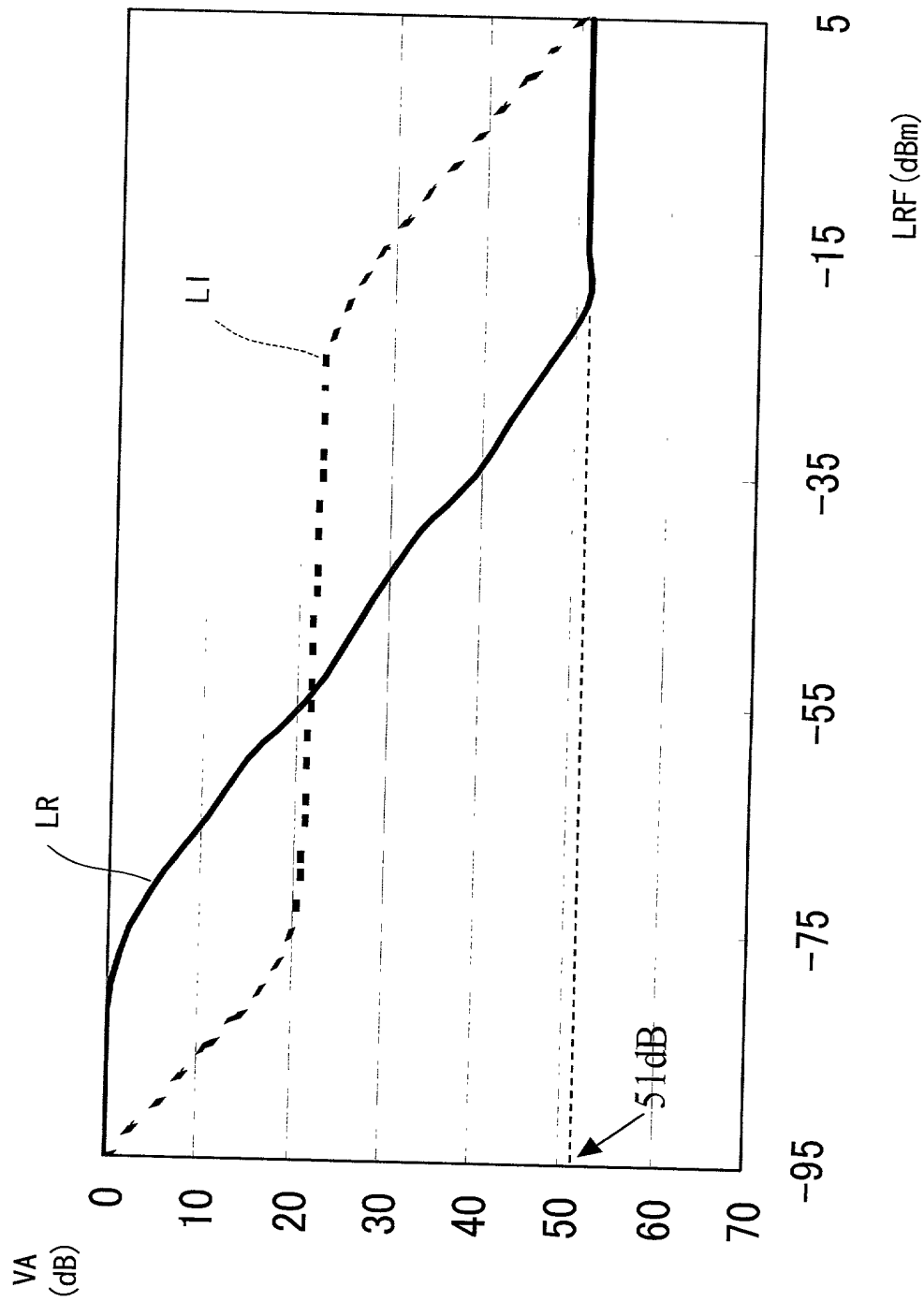


Fig. 10

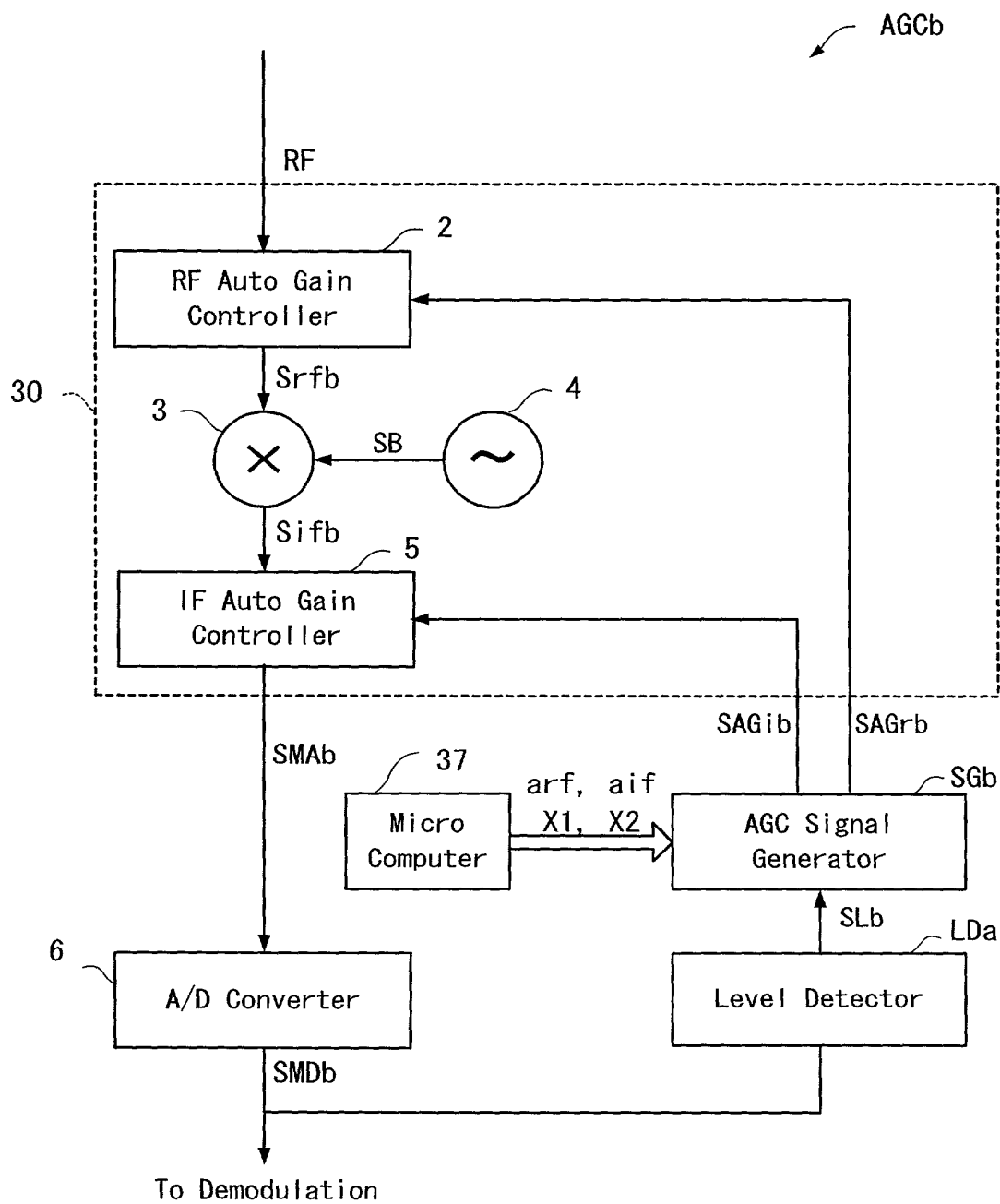


Fig. 11

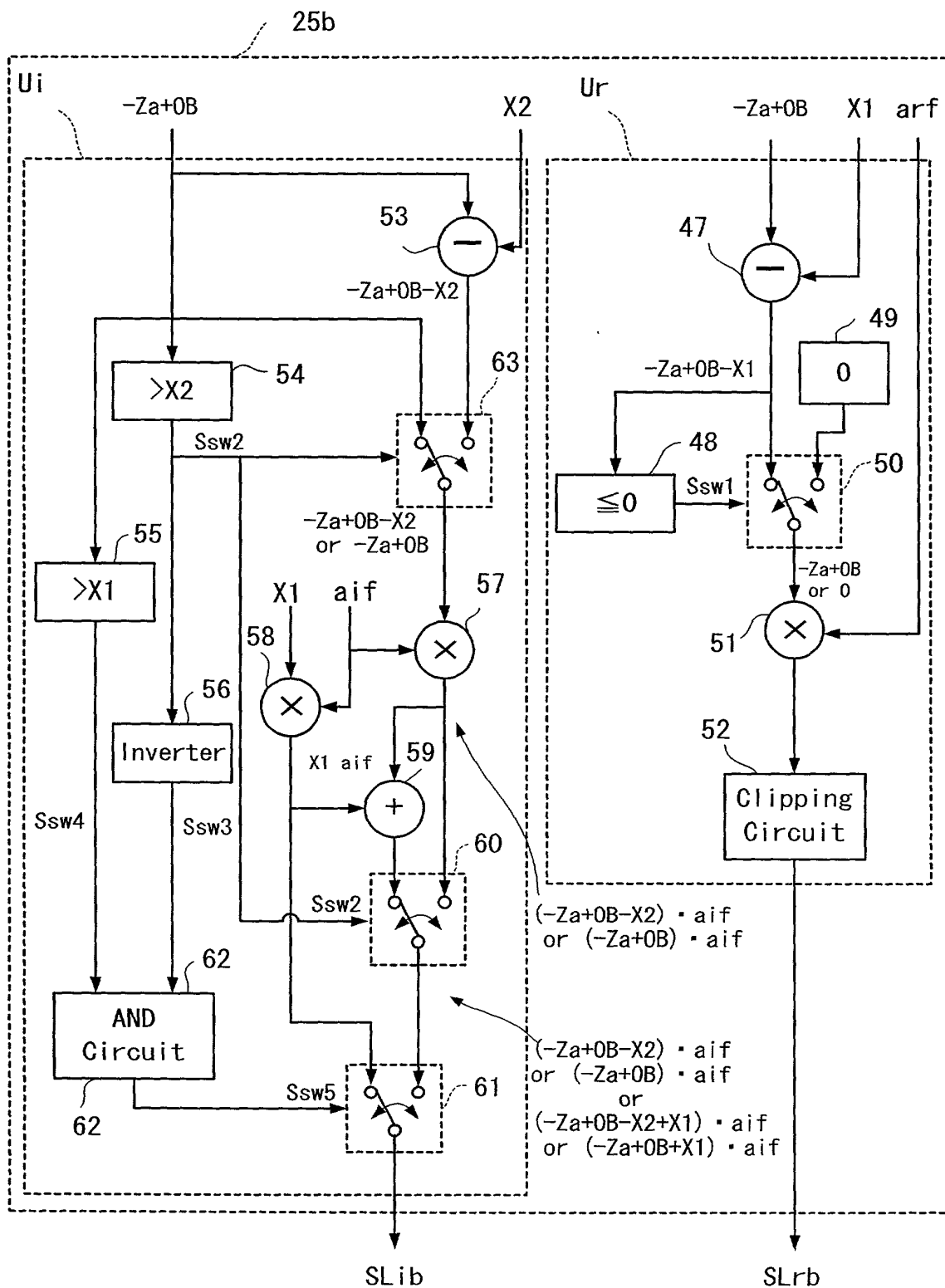


Fig. 12

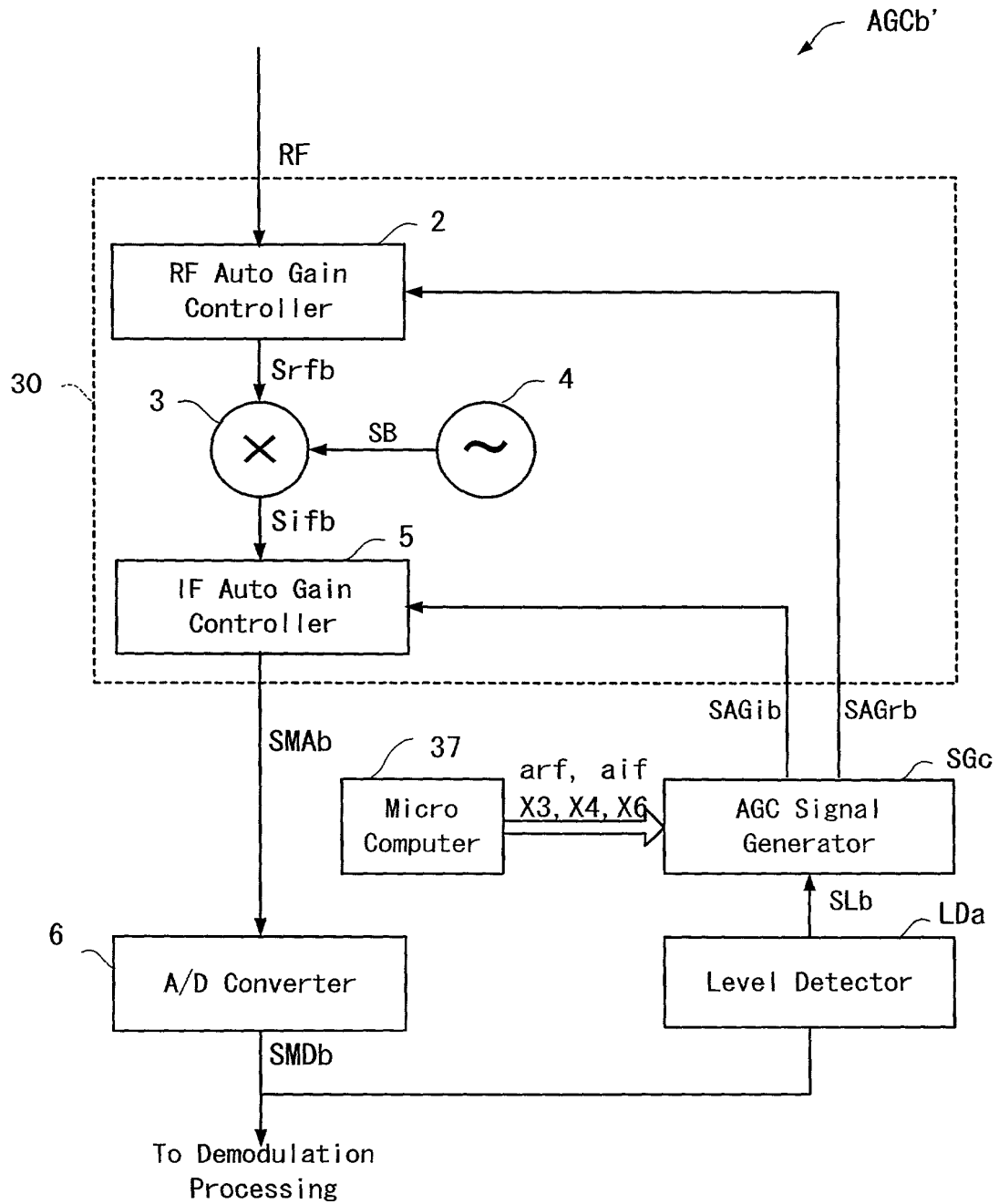


Table 1. Continued					
Study	Sample size	Age range	Gender	Intervention	Outcome
Wong et al. (2002)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2003)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2004)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2005)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
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Wong et al. (2010)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2011)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2012)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2013)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2014)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2015)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2016)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2017)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2018)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2019)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2020)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2021)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2022)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2023)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2024)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination
Wong et al. (2025)	100	10-12	Male	10 weeks of Tai Chi	Improved balance and coordination

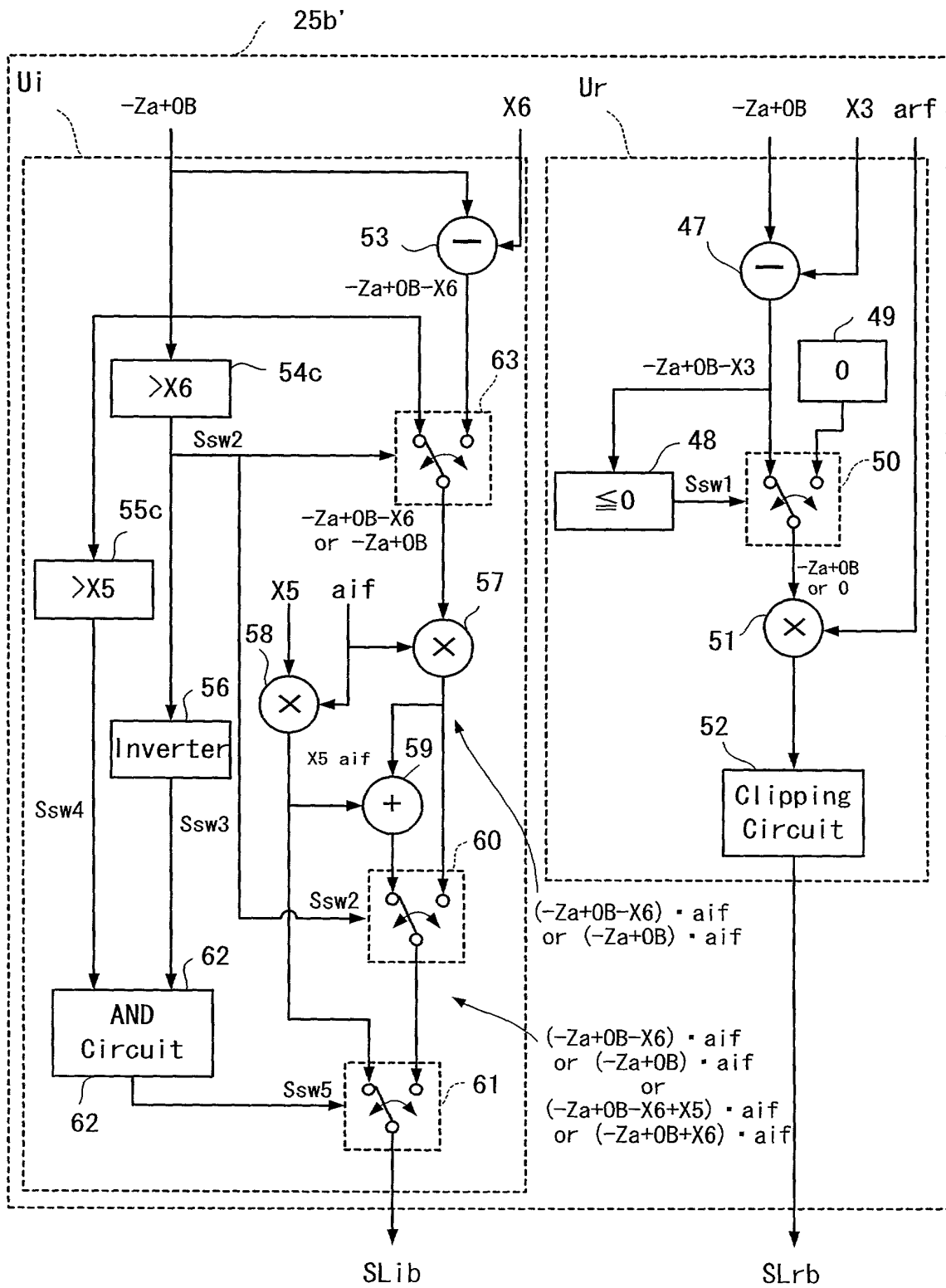


Fig. 14 Prior Art

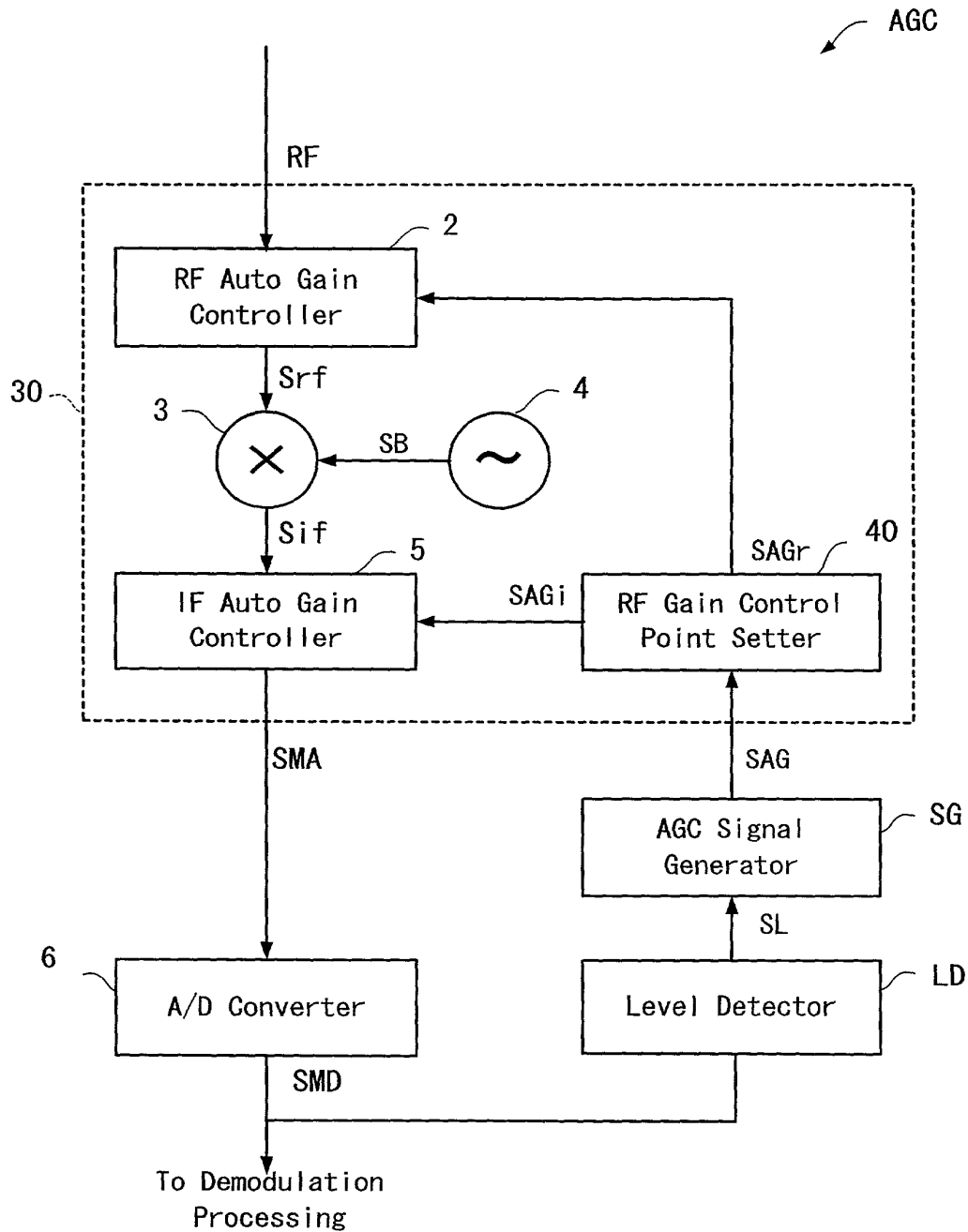


Fig. 15 Prior Art

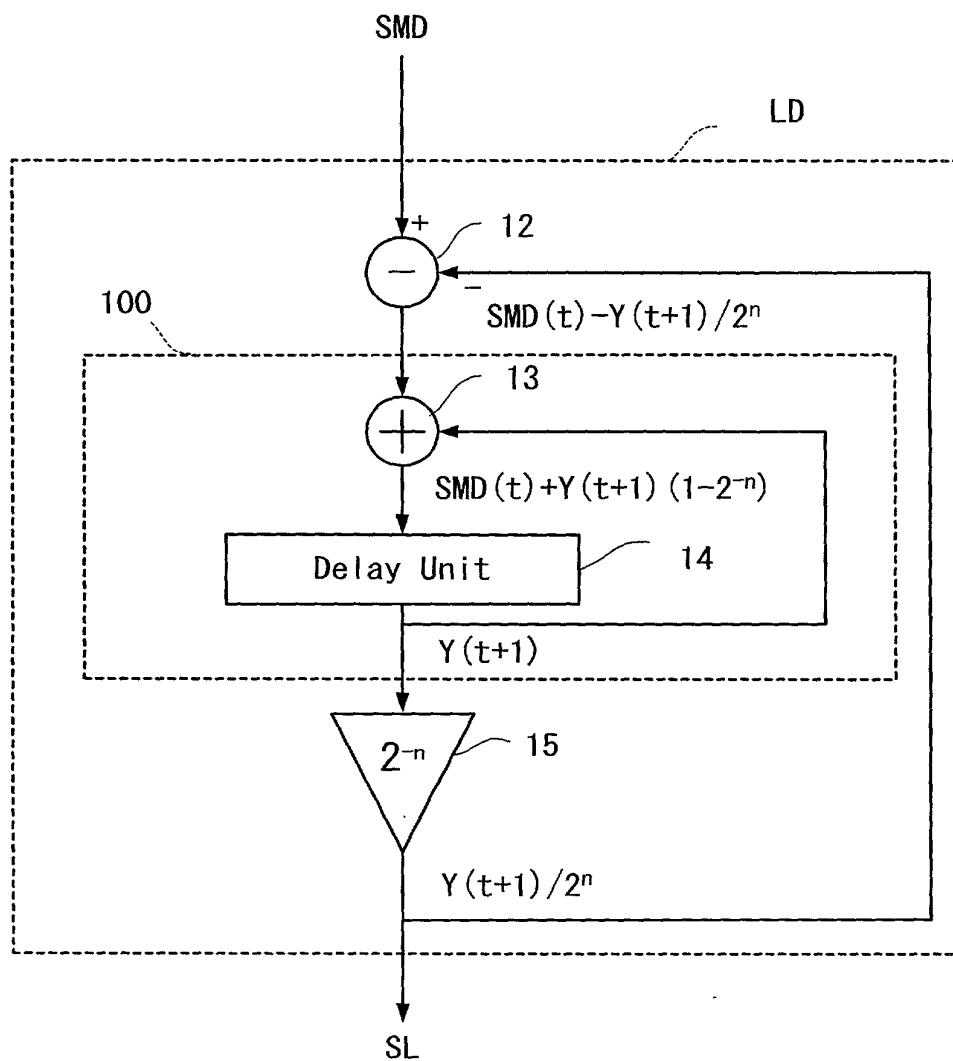


Fig. 16 Prior Art

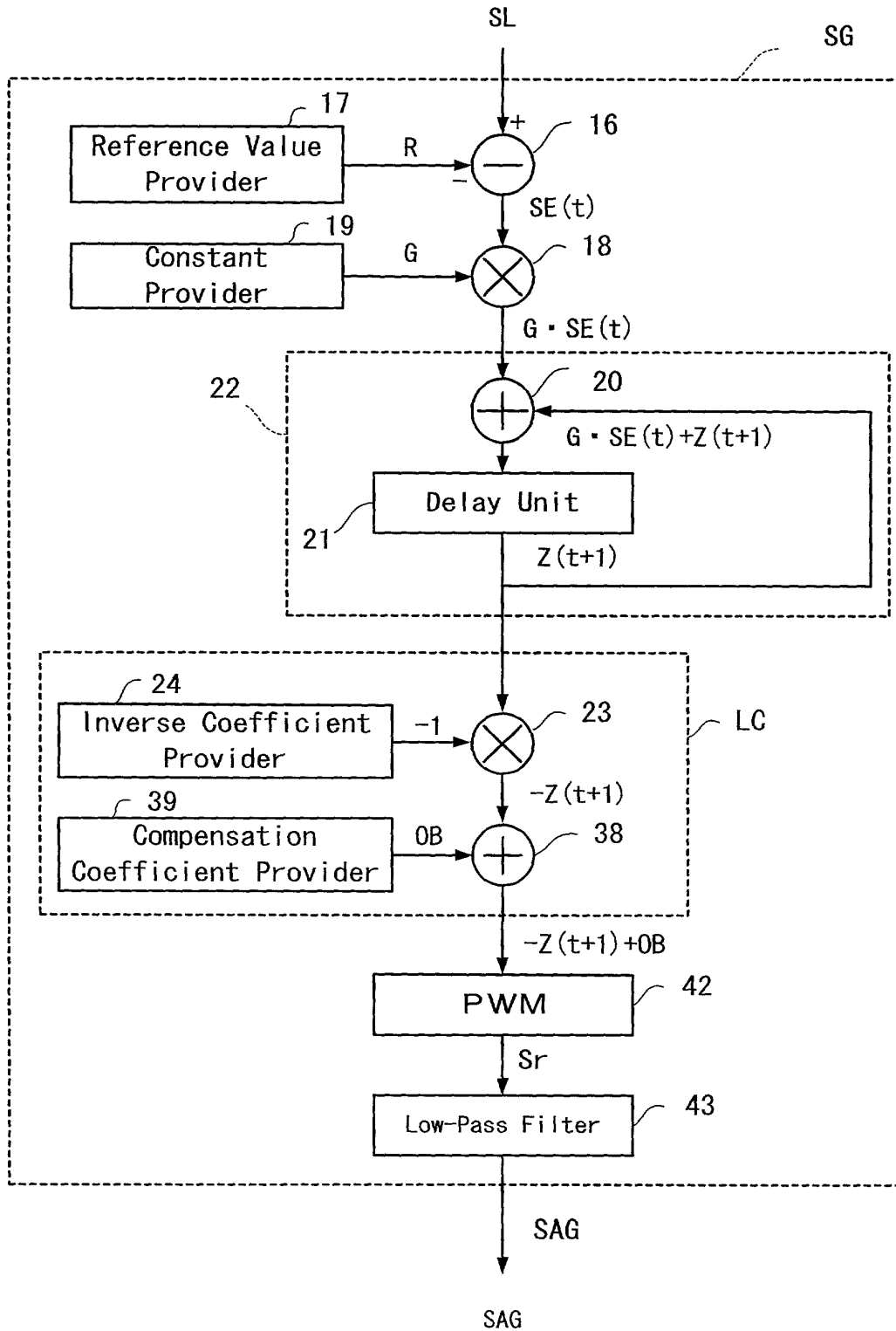


Fig. 17 Prior Art

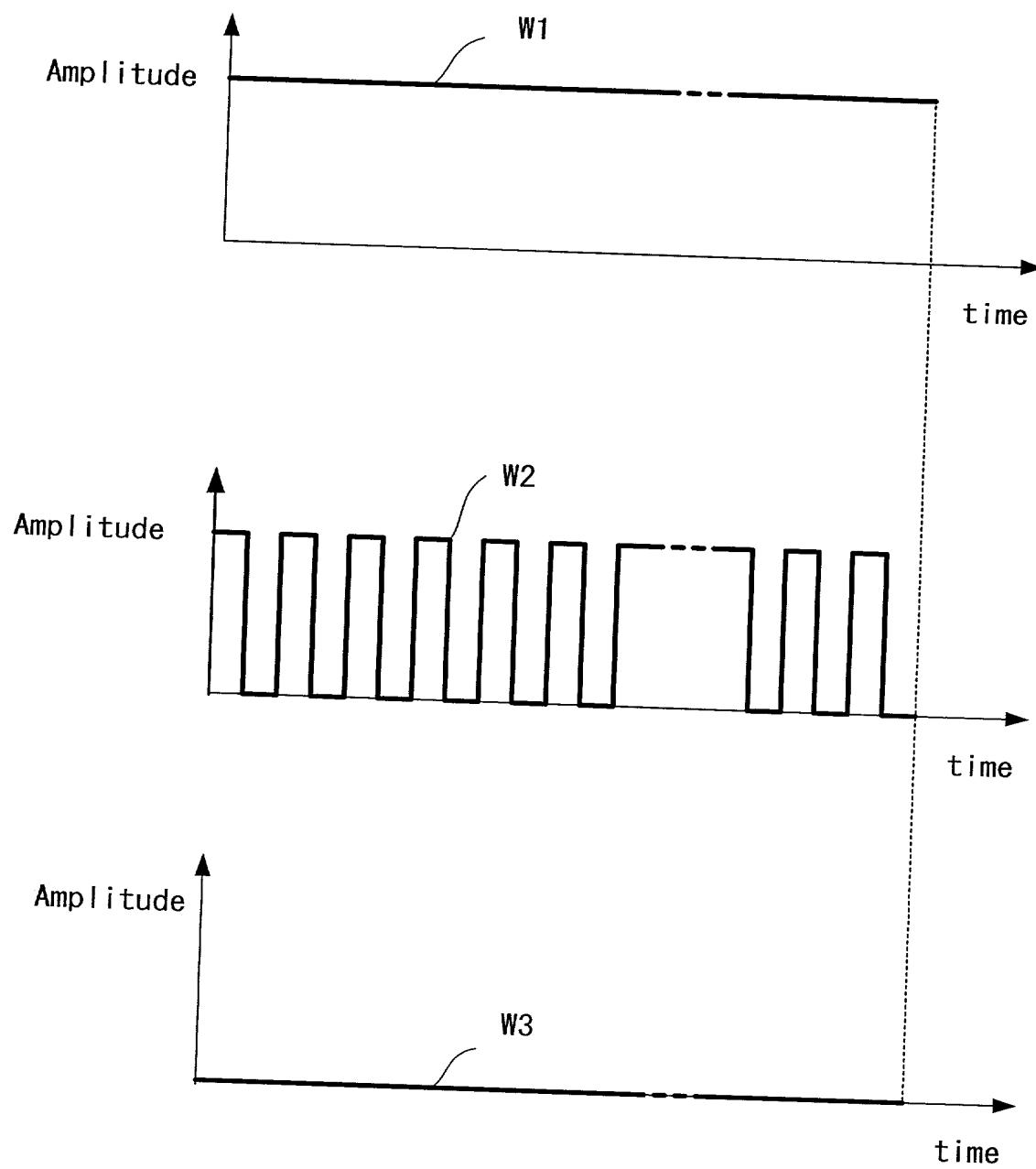


Fig. 18 Prior Art

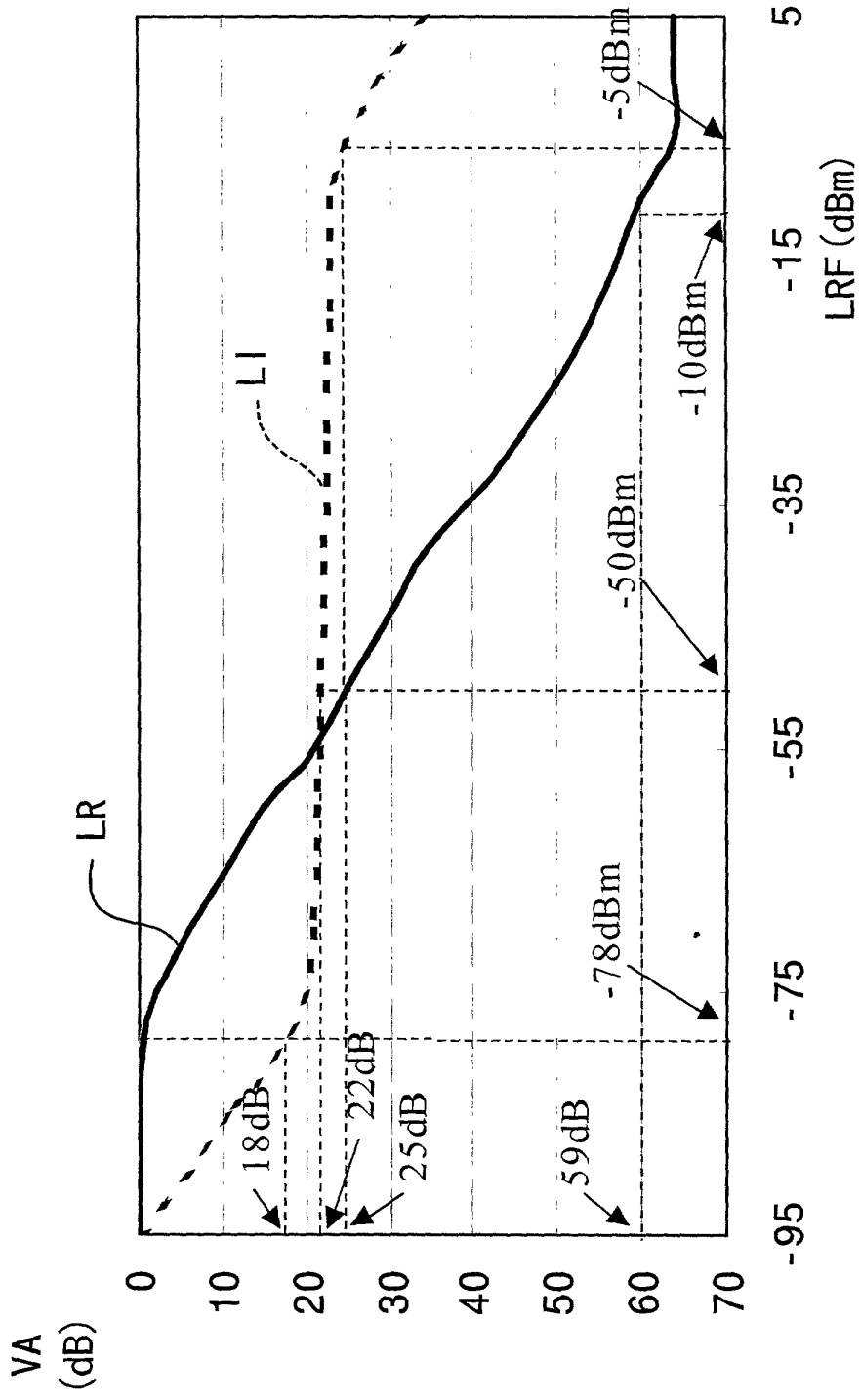


Fig. 19 Prior Art

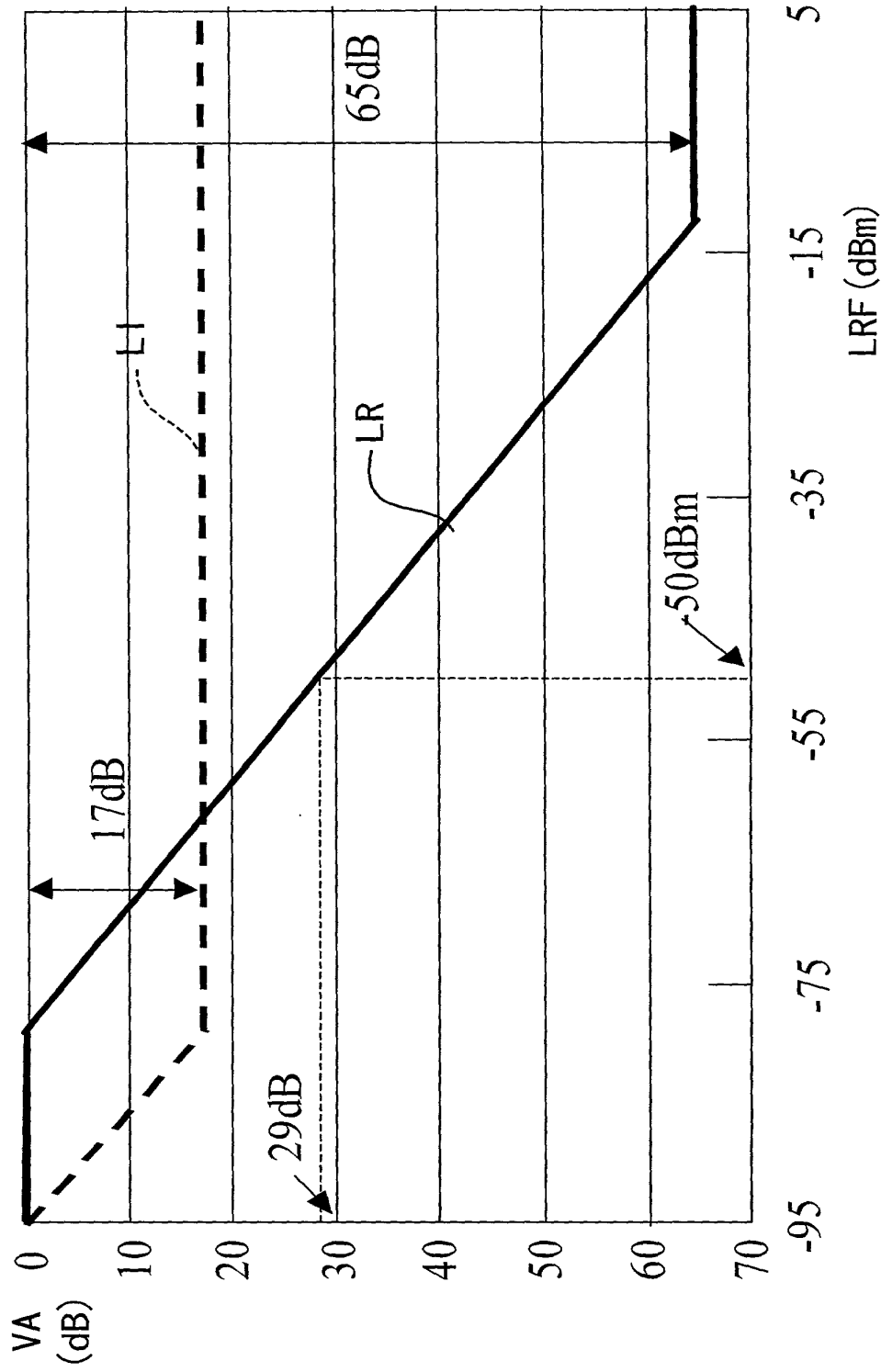


Fig. 20 Prior Art

